

HYDROTHERAPY TIMETABLE - MORPHETT VALE

MON	TUE	WED	THU	FRI	SAT
11:30 AM Group Class		11:00 AM Group Class		11:00 AM Individual	
11:30 AM Individual		11:30 AM Individual		11:30 AM Individual	12:00 PM Individual
12:00 PM Individual		12:00 PM Individual		11:30 AM Group Class	12:30 PM Group Class



Sessions held at Noarlunga Aquatic Centre, lead
by our Physiotherapists

