

GROUP PILATES TIMETABLE - DAW PARK

MON	TUE	WED	THU	FRI	SAT
		8:30 AM Arash	7:20 AM John		8:30 AM Rhiannon
9:30 AM John	9:30 AM Andrew	9:30 AM Rhiannon	8:30 AM Mahesh	9:30 AM Mahesh	9:30 AM Sanjana
10:30 AM Mahesh	10:30 AM Sanjana	10:20 AM Arash	9:30 AM John	10:30 AM John	10:10 AM Arash
4:30 PM Mahesh			10:30 AM Andrew		
5:30 PM Andrew	5:30 PM Rhiannon	5:30 PM Andrew	4:30 PM Sanjana	4:20 PM Rhiannon	
			5:30 PM Arash		
6:30 PM Sanjana	6:20 PM Rhiannon	6:50 PM Mahesh	6:40 PM Sanjana		



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Please note that class times & instructors are subject to change.