

GROUP PILATES TIMETABLE - ABERFOYLE PARK

MON	TUE	WED	THU	FRI	SAT
9:00 AM Tom		9:00 AM Kunika	9:00 AM Tom		8:30 AM Betty
9:50 AM Tom	10:00 AM Kunika	10:00 AM Tom		10:00 AM JC	
	10:40 AM JC	10:40 AM Tom	10:30 AM Mik		9:50 AM Betty
2:00 PM Mik	2:00 PM JC	2:00 PM JC	2:00 PM JC	2:00 PM Kunika	10:30 AM Betty
2:40 PM JC					
	4:30 PM Mik	4:20 PM Kunika	4:30 PM JC	4:20 PM Kunika	
5:30 PM Tom	5:40 PM Kunika			5:20 PM Mik	
	6:20 PM Mik				
6:50 PM Betty			6:50 PM Kunika		



corephysio.com.au



Please note that class times & instructors are subject to change.